

Support is close at hand

In a given year, **20%** of Americans will experience a mental illness.



Half of all **lifetime** mental illness begins by age 14.



Reach out for help with your mental health.

In the past year, **15%** of youth had a major depressive episode.



One in 25 Americans live with a serious mental illness.



One in 8 emergency room visits by American adults involve mental illness and substance use disorders.



Learn more in the Live Healthy section of www.SouthCarolinaBlues.com.

