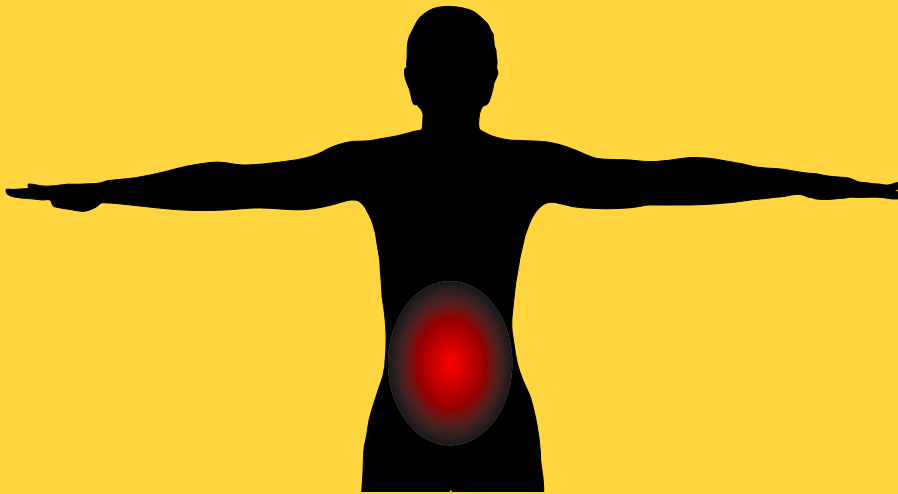


WATCH YOUR BACK

KEEP YOUR BACK STRONG AND HEALTHY



25%

The number of American adults with at least one day of back pain in any three-month period.



Lower back pain is the **BIGGEST REASON** for missed work, after the common cold.



There are **2 MILLION** back injuries each year in the United States.



38.5%

The number of work-related musculoskeletal disorders involving the back.



ONE IN 5 workplace injuries and illnesses are back injuries.

Learn more in the Live Healthy section of www.SouthCarolinaBlues.com.

